

The Wolverine Update

Your source for all things RHS

AUGUST 18, 2024

Welcome Back

We are excited to see everyone back this school year. We have a new Update format with ParentSquare, so look here each week fr updates and be sure to check the ParentSquare calendar to see upcoming school events.

Let's Go!!		
Jones		

Regular Day Schedule - M, T, W, F				
Class	Start	End		
Period 0	7:26 AM	8:23 AM		
Period 1	8:30 AM	9:27 AM		
Period 2	9:34 AM	10:31 AM		
Period 3	10:38 AM	11:35 AM		
Period 4	11:42 AM	12:43 PM		
Lunch	12:43 PM	1:19 PM		
Period 5	1:26 PM	2:23 PM		
Period 6	2:30 PM	3:27 PM		
Period 7	3:34 PM	4:31 PM		

The First Day

- 1. Set up for success and arrive with enough time to double check your first period on the library window. Complete schedules will be handed out in first period.
- 2. If you do not have a schedule, report to the library. If you are missing a class or have two classes in the same period report to the library during the period when you have the error. No class third period? Go to the library 3rd period.
- 3. Breakfast is served in the cafeteria from 8:00 AM to 8:23 AM. Passing period begins at 8:23 AM and students are expected to be in seats and ready at 8:30 AM

Phones - Off and away, all day.

Rosemont High School campus policy requires that cell phones and ear buds are off and away the entire school day. Away means in bags or backpacks and not in pockets or visible. Why? Well, our school community can provide a lot, A LOT, in the way of stories from personal experience: Distractions in the classroom, contributing to lack of engagement, cyber-bulling, rushes of students filming potential conflicts, coordinating illicit activities, etc. They have interfered with student safety and learning on our campus.

Electronic device policies are difficult to enforce without coordinated supports and large scale buy in. We are on board with this, we have heard from parents who are on board with this. We need your support. Our staff will be here to support during the transition and will be able to reach your student if you need. Our office number is 916-395-5130. Please limit calls to as needed, to ensure that we are available to meet your needs.

Students will have infractions documented in the Infinite Campus contact log. Beginning with the second infraction, student phones will be held to the end of the school day. Each infraction after, the phone will be returned to the parent/guardian upon meeting with an administrator.

Here are just some of the statistics out there:

- Students whose smartphones were physically removed during class had higher levels of course comprehension, lower levels of anxiety, and higher levels of mindfulness. (<u>Link</u>)
- 72% of high school teachers say cell phone use is a major problem. More that lack of interest in learning, more than getting up and walking around, and more than students being disrespectful (<u>Link</u>)
- Smartphone and social media use are linked to increases in mental distress, self-injurious behavior and suicidality (greatest among girls), negative effect on self-view, increase in negative interactions and cyberbullying, normalizing self-harm, chronic sleep deprivation.

PE Clothes

PE Clothes are available for purchase online for \$15 at the Student Store here.

Counselors

Students can find their counselors on the attached chart. If you have a schedule change request please visit the counseling department website **here**. All requests must meet posted criteria and be submitted by 3:27 on August 30th.

ALPHA [By Student Last Name]	GRADE LEVELS	GUIDANCE COUNSELOR	
ALL (A - Z)	9th	Samuel Hendrix IV-McCowan	
A - ES	10th - 12th	Audrey Kamilos	
EV - MEM	10th - 12th	Pam Reeder-Esparza	
MEN - SP	10th - 12th	Onisha Cook	
sq - z	10th - 12th	Chang Vue (3 Days Per Week)	

Cards, Cards, and Portraits

Student ID Cards

Students receive their school ID card on picture day. Students are required to carry their ID card at all times and can be asked to produce their card for identification to any school employee.

RT Cards

Students ride RT for free if they present their RT card. Freshmen and new students will receive their card at the front desk. If you have questions, please go to SacRT.com or call (916) 321-buss.

Senior Portraits

Seniors should book an appointment for their senior portrait now. To schedule, reschedule or cancel an appointment go to the senior portrait page for more information: **here**.

We will also provide information soon about an opportunity to take senior portraits on campus.

Athletics

Football

Go Rosemont Football!!!

The first game of the year is August 23rd at 7:30 PM against Del Campo. JV begins at 5:15 PM.

Ticket sales will be online only for this and all home games. Log on to **gofan.co** to purchase tickets. **Online sales only**.

Check out the Rosemont Athletics page **here**.

ASB

Check here for weekly ASB updates. ASB will also be doing 4th period announcements. Visit the ASB Website to get started with:

- 1. PE Clothes
- 2. ASB Cards

Link to the website is here.

Tutoring - ASSETs

Every school day the ASSETs program provides free tutoring and academic support from 3:30 PM to 6:00 PM in our library. Stop by and say "Sup?".

LCFF Information

Protect Critical Funding for Sac City Unified Students!
All families must fill out the LCFF application between Thursday, August 15 and October 31, 2024.

Although all students receive free meals regardless of income, the Local Control Funding Formula (LCFF) application still determines how much funding our District receives, and we need your help supporting our school community! *Starting Thursday, August 15, and as soon as you can*, please:

- Fill out one online application per household, available in multiple languages.
- Include all children and adults living in the household.
- Please note that all the information submitted remains strictly confidential.

Visit <u>scusd.edu/lcffapp</u> to learn more. The application will be available between August 15 and October 31, 2024.

Site Council and ELAC

Parents and students we need you to join us in shaping the future of our programs. This week, be on the lookout for information about joining out **School Site Council** and our **English Learner Advisory Committee**.



Contact info

If you have any questions or concerns, please don't hesitate to contact us. You can reach out via the following links:

- (916) 395-5130
- www.rosemont.scusd.edu