

The Wolverine Update

Puppy Bowl Sunday

FEBRUARY 9, 2025

5	26	27	28	29	30
		05:30pm - 06:25pr Girls Volleybell v. Sheldon - (JV)	05:30pm Girls Volleyball v. Cordova - (JV)	05:00pm - 07:00pe Back-to-School Night	05:15pm - 07:00pr Football @ Yuba City (JV)
		06:30pm - 08:00pi Girls Volleybell v. Sheldon	06:30pm - 08:00pi Girls Volleyball v. Cordova - (Varsity)	05:30pm Girls Volleyball v. McClatchy - (JV)	07:30pm Football @ Yuba City (Versity)
				06:30pm - 08:00pr Girls Volleyball v. McClatchy - (Varsity)	
	2 NO SCHOOL - Labor Day	3 O5:30pm - 06:25pi Girls Volleybell v. West Campus - (JV)	4	5	6
			Picture Day 1 05:30pm - 06:25pe Girls Volleyball @ Johnson - (JV)	Picture Day 2 02:40pm - 03:40pi Staff Meeting 05:30pm - 06:25pi	
		06:30pm - 08:00pi Giris Volleybell v. West Campus - (Varsity)	06:30pm - 08:00pi Girls Volleyball @ Johnson - (Varsity)	Girls Volleyball () Galt - (JV)	
				06:30pm - 08:00pi Girls Volleyball Ø Galt - (Varsity)	

The Rundown

Check out the weekly highlights below.

If you need an event or post added, please email mitchelljones@scusd.edu and include "Update" in the subject line.

School Week 23

This Week's Events

Monday 02/10 - NO SCHOOL - Lincoln's Day

- Soccer (Girls) v. Bradshaw Christian: 4:30 PM FINAL REGULAR SEASON GAME
- Soccer (Boys) @ Bradshaw Christian: 6:30 PM FINAL GAME

Tuesday 02/11

- School Site Council: 4:00 PM (Main Conference Room)
- Basketball (Girls) @ Argonaut: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Boys) v. Argonaut: JV 5:30 PM; Varsity 7:00 PM SENIOR NIGHT

Thursday 02/13

- Basketball (Girls) v. Bradshaw Christian: JV 5:30; Varsity 7:00 PM SENIOR NIGHT
- Basketball (Boys) @ Bradshaw Christian: JV 5:00 PM; Varsity 8:00 PM SEASON FINALE
- Black Parent Involvement Day Training 6:00 PM (Online see section below)

Friday 02/14

• Rally Day Schedule - Valentine's and Winter Sports Celebration Rally

A Look Ahead - School Week 24

Monday 02/17 - NO SCHOOL - President's Day

Tuesday 02/18

• Black Parent Involvement Day

Thursday 02/20

- PTSA: 6:00 7:30 PM (Main Office Conference Room)
- Parent / Staff / Student Workgroup: 2:42 3:42 PM (Library)

Get it on Your Radar

Wednesday 03/05

• SAT Day for Juniors

WASC Visit Debrief

Our WASC accreditation visit was completed last Wednesday. While we will not know their recommendation until March, they spoke highly of the staff, students, and parents they interacted with. They had a positive experience and we thank all of you for being a part and helping us with this process.

We will update you when we receive our final recommendation.

Get Involved - We Need You

ROSEMONT SWIM TEAM

Interested in joining the swim team? No experience necessary.

Practice starts Tuesday 2/11 immediately after school. A sports physical must be uploaded to **<u>athleticclearance.com</u>** and approved by the athletic director before you can participate. Questions? Email Coach Denise at **<u>rosemontswim@gmail.com</u>**

SUPPORT RHS MUSIC

Rosemont winter percussion and color guard will be hosting our annual Winter Review February 28, 2025. We are reaching out for volunteers to help with this event. Sign up below to help out:

https://www.signupgenius.com/go/904094BAAA92EA20-54728292rosemont

Appreciations and Recognition

Students of the Month

Congratulations to January's Students of the Month:

- Senior: Grace Svetich
- Junior: Edward Bisbee
- Sophomore: Malino Finau
- Freshman: Tyell Thomas

These students were selected by Rosemont staff as having a positive impact on our campus and being role models for others.

Staff Member of the Month

January's Staff Member of the Month by overwhelming student vote is Lyudmila Litvinchuk from Nutrition Services. She has been making an impact supporting our students with meals, job experience, and in supporting the culinary program.

Black Scholars United

Black Scholars United (BSU) would like to give a shout out, for all the staff that purchased their shirts thus far. Thank you so much for the support!!!!!

Safe Haven Information - SCUSD Statement

Since 2017, SCUSD has proudly called itself a Safe Haven School District - a

title that reflects our unwavering commitment to the education and well-being of all students no matter their immigration status, sexual orientation, ethnicity, race, religion, ability, sex and gender identity, socio-economic status or beliefs.

That commitment remains as strong as ever. Let us be clear. **Immigration enforcement is not allowed on our campuses unless a valid court order is presented.**

At Sacramento City Unified we are passionate about educating our students and helping them reach their full potential. Our mission is to provide every single one of our 38,000 students with an equal opportunity to learn and thrive in a safe and supportive environment. We also celebrate the rich diversity of our families, which is represented among nearly 50 different languages spoken in the home and in the unique and positive contributions they make to our community.

None of our Sac City students, or families should ever feel alone or unsupported. If you need mental health assistance in this challenging time, please reach out to <u>Care</u> <u>Solace</u>, or contact the student support center at your school. Additionally, for information about student protections and immigrant rights, please <u>refer to this guide</u> <u>from the California Attorney General</u>.



Black History Month Updates

Black Parent Involvement Day Training 2/13

Parents who plan to participate in Black Parent Involvement Day should attend a short training on how to observe classes and interact with teachers.

Register for our Parent Involvement Training: Thursday, February 13, 6:00 pm. Online <u>https://blackparallelschoolboard.com/black-</u> parent-involvement-day/

Black History T-Shirts

It's Black History Month! To celebrate the contributions of African Americans, past and present, we plan to wear our BHM T-shirts every Thursday in February.

These shirts were designed by our very own Rosemont BSU! Please show your support by ordering your T-shirt today. We invite the entire school community to celebrate with us!

If you would like to order a t-shirt , here is the link. https://forms.gle/8PtkDEvfsKuoQVU98



Robert Smalls

In honor of Black History Month we wanted to share the story of one of the underappreciated figures in American history: **Robert Smalls**

At the outbreak of the Civil War in 1861, Robert Smalls was an enslaved crewmember on a ship called the Planter, operating in the Charleston Harbor. On the night of May 12, 1862, the white crewmembers of the Planter went ashore in Charleston, leaving Smalls and the enslaved crewmembers unattended. Around 3 am, Smalls and his fellow freedom seekers fired up the ship's boilers and sailed to a wharf to pick up their waiting family members. From there, the sixteen enslaved people passed the Confederate forces at Fort Sumter and Fort Moultrie. Being a pilot, Smalls knew the proper signals to give, and even donned a captain's hat to help disguise his identity as they steamed past the unsuspecting rebels. Smalls sailed the group out to the naval blockade squadron and turned the Planter over to the United States Navy. Robert Smalls and his family were free. (Source: National Park Service)

Read more about of his story here.

State Seal of Biliteracy

Graduating seniors,

Do you speak, read, and write in a language other than English? You may qualify for the California State Seal of Biliteracy!

The State Seal of Biliteracy is an official recognition from the California Department of Education for multilingual language skills for graduating high school seniors. Students who qualify earn a golden seal for your diploma, a graduation cord, and a notation on your transcript that informs future colleges, universities, and employers that you are biliterate.

Deadline: February 14, 2025 - Complete this **brief** <u>survey</u> (<u>https://docs.google.com/forms/d/e/1FAIpQLSdT_II_5yc60cstWO90</u> <u>87prYf1N1KGfDuzn9UZNUBLgv8oVJg/viewform?usp=dialog</u>)

Is the Seal of Biliteracy language exam for you?

The online language exam for the Seal of Biliteracy requires you to read, write, and speak in a language other than English. You will be asked to:

- Read a short text and answer comprehension questions.
- Write a paragraph about a topic, such as a favorite place you've visited or a person who has taught you something.
- Hold a brief oral conversation (about 5 minutes) on a familiar topic, like your family or school, with an examiner who speaks your language, one-on-one.
- Set a secure appointment online to do all of the above.

If you'd like to learn more about the Seal of Biliteracy, including the requirements for earning it, please see this **CDE flyer**, **infographic**, or visit the CA Department of Education's **Frequently Asked Questions (FAQs)**.

Dog Biscuit Fundraiser

The students at Rosemont's Adult Transition Program, co-located at the Charles A. Jones Center, have started a club fundraiser to support activities in their program and promote life skills.

They are selling homemade dog biscuits which can be ordered **<u>here</u>** and picked up from the Rosemont main campus office.

They suggest a \$5 donation for each bag of homemade dog biscuits. There are about 15-20 biscuits per bag. Pick up is on Mondays and Wednesdays from 1-2 pm. You must have the receipt emailed to you to pick up at the front office.

The funds raised go toward supporting programs for adults at our transition center.

Valentine's Spirit Week

RHS is gearing up for a heartwarming and fun-filled Valentine's Day Rally this Friday, February 14th! Students and staff will join in the spirit of the season with exciting daily themed dress-up days, leading up to the big rally on Friday afternoon.

Spirit Days:

- Tuesday, 2/11: Relationship Status Day
- Show off your relationship status—Red for taken, Pink for single, White for complicated, and Grey if you're just keeping it mysterious!
- Wednesday, 2/12: Dynamic Duo Day
- Grab a friend and dress up as your favorite iconic duo—whether it's Batman and Robin, Peanut Butter and Jelly, or any pair you love!
- Thursday, 2/13: Dress as Your Type Day
- Show off your perfect match in fashion—what's your type? Whether you like sporty, nerdy, or something in between, come dressed to impress!
- Friday, 2/14: Pro-Valentine's vs. Anti-Valentine's Day
- Seniors and sophomores are showing their love with red or pink, while freshmen and juniors will keep it cool in black or grey to represent the anti-Valentine's vibe. Let's see which side comes out on top!

Rally Details: Join us on *Friday, February 14th* for a spirited rally during a special rally schedule! The event will include fun activities, and games as we celebrate our Winter Sports on Valentine's Day with school spirit and good vibes.

Don't miss out on the fun—let's make this Valentine's Day a celebration of love, friendship, and school pride!

ASB Corner

Junior Senior Ball

Attention all Juniors and Seniors! Junior/Senior Ball tickets are now on sale! You can purchase your tickets online through Five Star Students, or you can pay in cash at the student store. Tickets start out at \$70 or \$60 with an ASB card. Buy your tickets now at the cheapest price because the price will increase each month! Please make sure you fully understand the terms and conditions of the ticket purchase and that you understand the minimum requirements to attend. This information can be found on the school website under "Student Activities"

ASB Cards

Purchase your ASB Activities Card and get free admission to all home athletic events, a free t-shirt, a discount on the yearbook, discount on dances, discount on Homecoming and discount on Junior/Senior Ball. Get involved on campus and save money at the same time!

ASB Activities Cards can be purchased online using the 5 Star Students App or <u>5 Star Students Website</u>. Purchase your ASB Card now and receive two free shirts and free entrance to all home athletic events. Select the <u>link</u> for more information.

Spirit Wear

Check Out our new spirit wear. Order Here

Yearbook Sales

Making memories going to football games, dances, and rallies is always a good idea. Purchasing a yearbook to capture those memories is even a better idea. Check our school Instagram or Student Activities Webpage to purchase your yearbook.

ABC - Attendance, Behavior, and Climate

The ABC office would like to share the following:

Phones and Headphones

We see a lot of students doing their best and keeping the phones away. There are still quite a few with them out. Headphones are also included and the policy, but continue to frequently be seen. After the first violation of the school, they will be confiscated. After the second violation, they will require a parent to pick them up.

Parents, so many of you have been awesome and very supportive, which has made a huge difference. Some of you have been here a lot. We appreciate the help.

Class Dismissals

As a reminder, the bell dismisses students from class and passes are restricted the first 10 and last 10 minutes of class. Students out of class prior to the bell will be assigned detention. Tell that "sub" in that class about this (You know the class. The one that you can't remember which room it is in).

Support Band and Color Guard

Please help support the RHS Band and Color Guard by donating your gently used shoes . Look for the shoe donation drop off box inside the front office M-F 8 am-4 pm. For more information please see the flyer attached to the drop off box. Thank You for your support!

Spirit Wear

Check Out our new spirit wear. Order Here



ELAC - Participants STILL Needed

The Rosemont High School English Learner Advisory Council (ELAC) is seeking parent nominations. The English Learner Advisory Committee (ELAC) makes recommendations on programs for students with second language needs.

• Participation Form (English)

Консультативный совет изучающих английский язык в средней школе Rosemont (ELAC) ищет кандидатуры родителей. Консультативный комитет изучающих английский язык (ELAC) дает рекомендации по программам для студентов, которым необходим второй язык.

• Форма участия (Русский)

El Consejo Asesor de Estudiantes de Inglés (ELAC) de Rosemont High School está buscando nominaciones de padres. El Comité Asesor de Estudiantes de Inglés (ELAC) hace recomendaciones sobre programas para estudiantes con necesidades de un segundo idioma.

• Formulario de participación (Español)

د والدينو نوم ليکنې په (ELAC) د روزمونټ عالي ښوونځي انګليسي زده کونکي مشورتي شورا د هغو زده کونکو لپاره د پروګرامونو (ELAC) لټه کې دي. د انګليسي زده کونکي مشورتي کميټه هدف د انګليسي زده کونکو ELAC په اړه سپارښتنې کوي چې د دويمې ژبې اړتياوې لري. د والدينو ته فرصتونه چمتو کول دي

. خپلو ماشومانو ته د وړانديز شوي برنامو په اړه نور معلومات ترلاسـه کړئ -

. د زده کونکو، والدينو او ښوونکو د ښوونځي اړتياو ارزونه کې برخه واخلئ.

د ښوونځي په ټولو فعاليتونو کې د انګليسي زده کونکو د بشپړ ګډون ملاتړ لپاره د خورا مؤثره -لارو په اړه معلومات چمتو کړئ.

- په منظم ډول ښوونځي ته د حاضريدو ډاډ ترلاسـه کولو لپاره د خورا اغيزمنو لارو په اړه معلومات چمتو کړئ.

<mark>د انګلیسي زده کونکي مشورتي کمیټې د ګډون فورمه</mark> (پښتو) •

Email questions to katy-hensley@scusd.edu

Sports Page

The regular season for winter sports wraps up this week. Boys soccer and wrestling have wrapped up their home games. This week our girls soccer teams has their final home game on Monday, and the boys and girls basketball teams host their senior nights.

Basketball

- Boys (Overall 12-12; League 7-5): Lost against Union Mine and Liberty Ranch.
- Girls (Overall 11-15; League 4-8): Lost against Union Mine and Liberty Ranch.

Soccer

- Boys (Overall 7-10-3; League 5-7-1): Both games at home this week. Lost against Liberty Ranch and won against Argonaut.
- Girls (Overall 13-8-2; League 10-3): Won both road games against Liberty Ranch and Argonaut.

Wrestling

Divisionals have started.

Tickets

Sales will be online only for all games. Log on to **gofan.co** to purchase tickets.

Check out the Rosemont Athletics page here.

Campus Policy Refreshers

Meal Delivery

Parents can drop off food for students at the front desk. Students can pick up during lunch. Please do not encourage your student to leave class to pick up food.

We do not accept meal delivery services on campus (Door Dash. Uber Eats, Post Mate, etc.). You would be surprised at the number of strangers (and even their cars) that have made their way through campus. Delivered meals will be stored in Mr. Jones' office until the end of the school day. Sometimes he gets hungry.

Dress Code

There is a dress code. Especially with the warm weather, there have been a number of dress code violations. Please wear appropriate clothing. We do have some fun loaner clothes for those who violate. Frequent violations include:

- Clothing promoting drugs, alcohol, and pornography.
- Revealing clothing, including tube tops and visible underwear and bras, and not enough clothing.

Link to the Student Handbook is **here**. Please use reasonable judgement with apparel as you get on the path toward becoming career ready.

Parking

Student parking is designated in the East Parking Lot (by the large Auditorium). Students, please use that lot. The gate at that end closes 10 minutes after the bell. The South Lot (off Mayhew, behing the E Building) is designated for staff only. Please be aware.

Cell Phones

Reminder that cell phone and ear phones/buds are not allowed during the school day, including passing and lunch (or even when you go to the restroom).

Student who are feeling ill should let the teacher know. Students who are ill will be sent with a pass to the nurse station where parental contact will be made. We have a nurse and health aide who can assess and support. Students who use their phones to make self referrals are violating the phone policy and create an unnecessary backlog in the office. Trust the process.

If you need ways to support students during this time, check out this article: <u>How to</u> <u>Help Students Panicked by School Smartphone Bans</u>

Attendance

Reporting Absences

Parents/Guardians must clear absences within two weeks of the absence. Any uncleared absences will become truancies. To report an absence, please visit the **<u>attendance</u> <u>page</u>** on the Rosemont website.

Early Dismissals

Early dismissals will end 30 minutes prior to the end of the school day. If you need to pick up a student for an early dismissal please plan to pick them up prior to 3:00 pm on M, T, W, and F and prior ro 2:00 pm on Th.

First Period Tardies

PLEASE drop off students in time for them to arrive on time to 1st period. We are already seeing a number of students dropped off very close to the bell (at 8:23) or after the bell has rung. Those students are missing valuable instruction and creating a disruption for 1st period classes. If we can help in any way with this process, let us know!

Tutoring - ASSETs

Beginning this week, every school day the ASSETs program provides free tutoring and academic support from 3:30 PM to 6:00 PM in our library. Stop by and say "Sup?".

Cards, Cards, and Portraits

Student ID Cards

Students receive their school ID card on picture day. Students are required to carry their ID card at all times and can be asked to produce their card for identification to any school employee.

RT Cards

Students ride RT for free if they present their RT card. Freshmen and new students will receive their card at the front desk. If you have questions, please go to SacRT.com or call (916) 321-buss.

Senior Portraits

Seniors should book an appointment for their senior portrait now. To schedule, reschedule or cancel an appointment go to the senior portrait page for more information: **here**.

We will also provide information soon about an opportunity to take senior portraits on campus.

Phones - Off and away, all day.

Rosemont High School campus policy requires that cell phones and ear buds are off and away the entire school day. Away means in bags or backpacks and not in pockets or visible. Why? Well, our school community can provide a lot, A LOT, in the way of stories from personal experience: Distractions in the classroom, contributing to lack of engagement, cyber-bulling, rushes of students filming potential conflicts, coordinating illicit activities, etc. They have interfered with student safety and learning on our campus.

Electronic device policies are difficult to enforce without coordinated supports and large scale buy in. We are on board with this, we have heard from parents who are on board with this. We need your support. Our staff will be here to support during the transition and will be able to reach your student if you need. Our office number is 916-395-5130. Please limit calls to as needed, to ensure that we are available to meet your needs.

Students will have infractions documented in the Infinite Campus contact log. Beginning with the second infraction, student phones will be held to the end of the school day. Each infraction after, the phone will be returned to the parent/guardian upon meeting with an administrator.

Here are just some of the statistics out there:

- Students whose smartphones were physically removed during class had higher levels of course comprehension, lower levels of anxiety, and higher levels of mindfulness. (Link)
- 72% of high school teachers say cell phone use is a major problem. More that lack of interest in learning, more than getting up and walking around, and more than students being disrespectful (<u>Link</u>)
- Smartphone and social media use are linked to increases in mental distress, selfinjurious behavior and suicidality (greatest among girls), negative effect on selfview, increase in negative interactions and cyberbullying, normalizing self-harm, chronic sleep deprivation.



Contact info

If you have any questions or concerns, please don't hesitate to contact us. You can reach out via the following links:

- (916) 395-5130
- www.rosemont.scusd.edu