

# The Wolverine Update

There will be a test

FEBRUARY 2, 2025



# The Rundown

Check out the weekly highlights below.

If you need an event or post added, please email mitchell-jones@scusd.edu and include "Update" in the subject line.

# **School Week 22**

#### This Week's Events

## <u>Sunday 02/02</u> - WASC Day 1

• WASC Visit Begins - Parent / Community Meeting at 4:00 PM - Library

## Monday 02/03 - WASC Day 2

## Tuesday 02/04 - WASC Day 3

- Coffee with the Principal: 8:45 9:15 AM (Main Conference Room)
- Safety Committee 3:45 PM (Main Conference Room)
- Basketball (Girls) v. Union Mine: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Boys) @ Union Mine: JV 5:30 PM; Varsity 7:00 PM

#### Wednesday 02/05 - WASC Day 4

- WASC Oral Report: 3:45 PM (Auditorium)
- Soccer (Girls) @ Liberty Ranch: JV 4:30 PM; Varsity 6:30 PM
- Soccer (Boys) v. Liberty Ranch: JV 4:30 PM; Varsity 6:30 PM

#### Friday 02/07

- GOLDEN WOLVERINE BREAKFAST: 7:30 8:15 AM (Lower E common area)
- Soccer (Girls) @ Argonaut: Varsity 6:30 PM
- Soccer (Boys) v. Argonaut SENIOR NIGHT: Varsity 6:30 PM
- Basketball (Girls) @ Liberty Ranch: JV 5:30; Varsity 7:00 PM
- Basketball (Boys) @ Amador: JV 5:00 PM; Varsity 8:00 PM
- Wrestling League Tournament @ Union Mine: 12:00 PM

#### A Look Ahead - School Week 23

## Monday 02/10 - NO SCHOOL: Lincoln's Day

- Soccer (Girls) v. Bradshaw Christian: 4:30 PM FINAL REGULAR SEASON GAME
- Soccer (Boys) @ Bradshaw Christian: 6:30 PM FINAL GAME

## Tuesday 02/11

- School Site Council: 4:00 PM (Main Conference Room)
- Basketball (Girls) @ Argonaut: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Boys) v. Argonaut: JV 5:30 PM; Varsity 7:00 PM SENIOR NIGHT

## Thursday 02/13

- Basketball (Girls) v. Bradshaw Christian: JV 5:30; Varsity 7:00 PM
- Basketball (Boys) @ Bradshaw Christian: JV 5:00 PM; Varsity 8:00 PM
- Wrestling League Tournament @ Union Mine: 12:00 PM

# **WASC Parent Night - This Sunday**

Hello Rosemont Parents!

Rosemont High School is undergoing its WASC accreditation process, and we invite you to join us for a **Parent Night with the WASC Visiting Committee <u>this</u> Sunday** at **4:00 PM** in **The RHS Library**. This is a great opportunity to share your thoughts about your student's experience at Rosemont and hear about the school's progress and goals for the future.

Your input is invaluable in helping shape the direction of our school, and we appreciate your time and support. We hope to see you there!

RSVP and find out more information

here: <a href="https://rosemont.scusd.edu/carousel/wasc-visiting-committee-parent-night">https://rosemont.scusd.edu/carousel/wasc-visiting-committee-parent-night</a>



# **Valentine Poetry Contest**

Students, the library is holding a Valentine's Day poetry contest. You will use a box of candy hearts as inspiration for your poem. Simply come into the library for your box of candy hearts, and then get creative. The supply of candy hearts is limited! Turn in your completed poem by Tuesday, February 11.

Follow this link to enter the Valentine's Poetry Contest: **Link**.

The selected winner will get a \$10 Dutch Bros. gift card.

# STAFF MEMBER OF THE MONTH NOMINATIONS

Students, this is your chance to recognize a staff member who has positively impacted you. Follow this link by Friday to nominate: **Link** 

# **Parent and Student Electronic Device Survey**

Get those phone feelings together. Next Monday, be on the lookout for our mid-year phone policy survey. We want to gather what is working and what could be working better from staff, parents, and students.



# **STEPS Program**

If you have a 504 or an IEP and are interested in job and career exploration, skills training, and paid work experience check out the Student Training and Employment Program in Sacramento (STEPS)

Click on the linked flyer, or visit: sacramentoworks.orglyouth/steps

# **ASB Corner**

#### **Junior Senior Ball**

Attention all Juniors and Seniors! Junior/Senior Ball tickets are now on sale! You can purchase your tickets online through Five Star Students, or you can pay in cash at the student store. Tickets start out at \$70 or \$60 with an ASB card. Buy your tickets now at the cheapest price because the price will increase each month! Please make sure you fully understand the terms and conditions of the ticket purchase and that you understand the minimum requirements to attend. This information can be found on the school website under "Student Activities"

#### **ASB Cards**

Purchase your ASB Activities Card and get free admission to all home athletic events, a free t-shirt, a discount on the yearbook, discount on dances, discount on Homecoming and discount on Junior/Senior Ball. Get involved on campus and save money at the same time!

**ASB Activities Cards can be purchased online using the 5 Star Students App** or <u>5 Star Students Website</u>. Purchase your ASB Card now and receive two free shirts and free entrance to all home athletic events. Select the **link** for more information.

## **Spirit Wear**

Check Out our new spirit wear. Order Here

#### **Yearbook Sales**

Making memories going to football games, dances, and rallies is always a good idea. Purchasing a yearbook to capture those memories is even a better idea. Check our school Instagram or Student Activities Webpage to purchase your yearbook.

# **ABC - Attendance, Behavior, and Climate**

The ABC office would like to share the following:

## **Phones and Headphones**

We see a lot of students doing their best and keeping the phones away. There are still quite a few with them out. Headphones are also included and the policy, but continue to frequently be seen. After the first violation of the school, they will be confiscated. After the second violation, they will require a parent to pick them up.

Parents, so many of you have been awesome and very supportive, which has made a huge difference. Some of you have been here a lot. We appreciate the help.

#### **Class Dismissals**

As a reminder, the bell dismisses students from class and passes are restricted the first 10 and last 10 minutes of class. Students out of class prior to the bell will be assigned detention. Tell that "sub" in that class about this (You know the class. The one that you can't remember which room it is in).

## **Support Band and Color Guard**

Please help support the RHS Band and Color Guard by donating your gently used shoes . Look for the shoe donation drop off box inside the front office M-F 8 am-4 pm. For more information please see the flyer attached to the drop off box. Thank You for your support!

## **Spirit Wear**

Check Out our new spirit wear. Order Here



# **ELAC - Participants STILL Needed**

The Rosemont High School English Learner Advisory Council (ELAC) is seeking parent nominations. The English Learner Advisory Committee (ELAC) makes recommendations on programs for students with second language needs.

• **Participation Form** (English)

Консультативный совет изучающих английский язык в средней школе Rosemont (ELAC) ищет кандидатуры родителей. Консультативный комитет изучающих английский язык (ELAC) дает рекомендации по программам для студентов, которым необходим второй язык.

• Форма участия (Русский)

El Consejo Asesor de Estudiantes de Inglés (ELAC) de Rosemont High School está buscando nominaciones de padres. El Comité Asesor de Estudiantes de Inglés (ELAC) hace recomendaciones sobre programas para estudiantes con necesidades de un segundo idioma.

• Formulario de participación (Español)

د والدینو نوم لیکنې په (ELAC) د روزمونټ عالي ښوونځي انګلیسي زده کونکي مشورتي شورا د هغو زده کونکو لپاره د پروګرامونو (ELAC) لټه کې دي. د انګلیسي زده کونکي مشورتي کمیټه هدف د انګلیسي زده کونکو ELAC په اړه سپارښتنې کوي چې د دویمې ژبې اړتیاوې لري. د وانګلیسي زده کونکو ELAC په اړه سپارښتنې کوي چې د دویمې ژبې اړتیاوې لري. د والدینو ته فرصتونه چمتو کول دي

- .خپلو ماشومانو ته د وړانديز شوي برنامو په اړه نور معلومات ترلاسه کړئ -
- .د زده کونکو، والدینو او ښوونکو د ښوونځي اړتیاو ارزونه کې برخه واخلئ -
- د ښوونځي په ټولو فعاليتونو کې د انګليسي زده کونکو د بشپړ ګډون ملاتړ لپاره د خورا مؤثره -لارو په اړه معلومات چمتو کړئ.
- په منظم ډول ښوونځي ته د حاضريدو ډاډ ترلاسه کولو لپاره د خورا اغيزمنو لارو په اړه معلومات . چمتو کړئ
  - د انګلیسي زده کونکي مشورتي کمیټې د ګډون فورمه (پښتو) •

Email questions to katy-hensley@scusd.edu

# **Sports Page**

#### Basketball

- Boys (Overall 11-10; League 6-3): Won at El Dorado.
- Girls (Overall 11-12; League 4-5): At home last week. Lost at home against El Dorado.

#### Soccer

- Boys (Overall 6-9-3; League 4-6-1): Won away at Amador. Christian Munoz was Player of the Match against Amador. Beat Union Mine on the road 4-0.
- Girls (Overall 11-8-2; League 8-3): Won at home against Amador and Union Mine.

## **Wrestling**

Rosemont grappled with their last home match last week against Bradshaw Christian. They fought hard and had some great performances.

#### **Tickets**

Sales will be online only for all games. Log on to **gofan.co** to purchase tickets.

Check out the Rosemont Athletics page **here**.

# **Campus Policy Refreshers**

#### **Meal Delivery**

Parents can drop off food for students at the front desk. Students can pick up during lunch. Please do not encourage your student to leave class to pick up food.

We do not accept meal delivery services on campus (Door Dash. Uber Eats, Post Mate, etc.). You would be surprised at the number of strangers (and even their cars) that have made their way through campus. Delivered meals will be stored in Mr. Jones' office until the end of the school day. Sometimes he gets hungry.

#### **Dress Code**

There is a dress code. Especially with the warm weather, there have been a number of dress code violations. Please wear appropriate clothing. We do have some fun loaner clothes for those who violate. Frequent violations include:

- Clothing promoting drugs, alcohol, and pornography.
- Revealing clothing, including tube tops and visible underwear and bras, and not enough clothing.

Link to the Student Handbook is **here**. Please use reasonable judgement with apparel as you get on the path toward becoming career ready.

## **Parking**

Student parking is designated in the East Parking Lot (by the large Auditorium). Students, please use that lot. The gate at that end closes 10 minutes after the bell. The South Lot (off Mayhew, behing the E Building) is designated for staff only. Please be aware.

#### **Cell Phones**

Reminder that cell phone and ear phones/buds are not allowed during the school day, including passing and lunch (or even when you go to the restroom).

Student who are feeling ill should let the teacher know. Students who are ill will be sent with a pass to the nurse station where parental contact will be made. We have a nurse and health aide who can assess and support. Students who use their phones to make self referrals are violating the phone policy and create an unnecessary backlog in the office. Trust the process.

If you need ways to support students during this time, check out this article: **How to Help Students Panicked by School Smartphone Bans** 

# **Attendance**

## **Reporting Absences**

Parents/Guardians must clear absences within two weeks of the absence. Any uncleared absences will become truancies. To report an absence, please visit the **attendance**page on the Rosemont website.

## **Early Dismissals**

Early dismissals will end 30 minutes prior to the end of the school day. If you need to pick up a student for an early dismissal please plan to pick them up prior to 3:00 pm on M, T, W, and F and prior ro 2:00 pm on Th.

#### **First Period Tardies**

PLEASE drop off students in time for them to arrive on time to 1st period. We are already seeing a number of students dropped off very close to the bell (at 8:23) or after the bell has rung. Those students are missing valuable instruction and creating a disruption for 1st period classes. If we can help in any way with this process, let us know!

# **Tutoring - ASSETs**

Beginning this week, every school day the ASSETs program provides free tutoring and academic support from 3:30 PM to 6:00 PM in our library. Stop by and say "Sup?".

# **Cards, Cards, and Portraits**

#### **Student ID Cards**

Students receive their school ID card on picture day. Students are required to carry their ID card at all times and can be asked to produce their card for identification to any school employee.

#### **RT Cards**

Students ride RT for free if they present their RT card. Freshmen and new students will receive their card at the front desk. If you have questions, please go to SacRT.com or call (916) 321-buss.

#### **Senior Portraits**

Seniors should book an appointment for their senior portrait now. To schedule, reschedule or cancel an appointment go to the senior portrait page for more information: **here**.

We will also provide information soon about an opportunity to take senior portraits on campus.

# Phones - Off and away, all day.

Rosemont High School campus policy requires that cell phones and ear buds are off and away the entire school day. Away means in bags or backpacks and not in pockets or visible. Why? Well, our school community can provide a lot, A LOT, in the way of stories from personal experience: Distractions in the classroom, contributing to lack of engagement, cyber-bulling, rushes of students filming potential conflicts, coordinating illicit activities, etc. They have interfered with student safety and learning on our campus.

Electronic device policies are difficult to enforce without coordinated supports and large scale buy in. We are on board with this, we have heard from parents who are on board with this. We need your support. Our staff will be here to support during the transition and will be able to reach your student if you need. Our office number is 916-395-5130. Please limit calls to as needed, to ensure that we are available to meet your needs.

Students will have infractions documented in the Infinite Campus contact log. Beginning with the second infraction, student phones will be held to the end of the school day. Each infraction after, the phone will be returned to the parent/guardian upon meeting with an administrator.

Here are just some of the statistics out there:

- Students whose smartphones were physically removed during class had higher levels of course comprehension, lower levels of anxiety, and higher levels of mindfulness. (<u>Link</u>)
- 72% of high school teachers say cell phone use is a major problem. More that lack of interest in learning, more than getting up and walking around, and more than students being disrespectful (<u>Link</u>)
- Smartphone and social media use are linked to increases in mental distress, selfinjurious behavior and suicidality (greatest among girls), negative effect on selfview, increase in negative interactions and cyberbullying, normalizing self-harm, chronic sleep deprivation.



# **Contact info**

If you have any questions or concerns, please don't hesitate to contact us. You can reach out via the following links:

- (916) 395-5130
- www.rosemont.scusd.edu