

The Wolverine Update

JANUARY 27, 2025



The Rundown

Check out the weekly highlights below.

If you need an event or post added, please email mitchelljones@scusd.edu and include "Update" in the subject line.

School Week 21

This Week's Events

Monday 01/27

- Senior Activities and Graduation Ceremony requirements go into effect (see article below)
- ELAC: 4:30 PM (Main Conference Room)

Tuesday 01/28

- School Site Council (rescheduled): 4:00 PM (Main Conference Room)
- Basketball (Girls) @ Galt: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Boys) v. Galt: JV 5:30 PM; Varsity 7:00 PM

Wednesday 01/29

- Basketball (Boys) @ El Dorado: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Girls) v. El Dorado: JV 5:30 PM; Varsity 7:00 PM
- Soccer (Girls) v. Amador: JV 4:30 PM; Varsity 6:30 PM
- Soccer (Boys) @ Amador: JV 4:30 PM; Varsity 6:30 PM
- Wrestling v. Bradshaw Christian: 5:00 PM

Friday 01/31

- Soccer (Girls) v. El Dorado: Varsity 6:30 PM
- Soccer (Boys) @ Union Mine: Varsity 6:30 PM
- Basketball (Girls) v. Union Mine: JV 5:30; Varsity 7:00 PM
- Basketball (Boys) @ Amador: JV 5:00 PM; Varsity 8:00 PM

A Look Ahead - School Week 22

Sunday 02/02 - WASC Day 1

• WASC Visit Begins - Parent / Community Meeting at 4:00 PM - Library

Monday 02/03 - WASC Day 2

Tuesday 02/04 - WASC Day 3

- Coffee with the Principal: 8:45 9:15 AM (Main Conference Room)
- Safety Committee 3:45 PM (Main Conference Room)
- Basketball (Girls) v. Union Mine: JV 5:30 PM; Varsity 7:00 PM
- Basketball (Boys) @ Union Mine: JV 5:30 PM; Varsity 7:00 PM

Wednesday 02/05 - WASC Day 4

- WASC Oral Report: 3:45 PM (Auditorium)
- Soccer (Girls) @ Liberty Ranch: JV 4:30 PM; Varsity 6:30 PM
- Soccer (Boys) v. Liberty Ranch: JV 4:30 PM; Varsity 6:30 PM

Friday 02/07

- Soccer (Girls) @ Argonaut: Varsity 6:30 PM
- Soccer (Boys) v. Argonaut SENIOR NIGHT: Varsity 6:30 PM
- Basketball (Girls) @ Liberty Ranch: JV 5:30; Varsity 7:00 PM
- Basketball (Boys) @ Amador: JV 5:00 PM; Varsity 8:00 PM
- Wrestling League Tournament @ Union Mine: 12:00 PM

	Senior Activities (Senior Bull, Lip-Dolt, Senior Senior)	Graduation Ceremony
Attendance No more than 30 unexcused periods	~	~
Tardies No more than 10 tardies, including 1st period	 	×
Behavior No unserved teacher or admin detentions; No suspensions	×	~
Electronic Device Violations No more than 3 parent pickups for electronic device violations in 2nd sementer (corphone and cell phone combined)	~	
Academics Must be passing all classes required for graduation	×	
Academics Must earn 225 credits and pass Senior Project		~

Participation Requirements - Grad Ceremony / Activities

Eligibility criteria go into effect starting Monday 01/27 for the following events

- Graduation Ceremony Participation
- Junior / Senior Ball and Senior activities

See the Senior Information website (**here**) for more information and important dates.

WASC Parent Night - Feb. 2nd

WASC accreditation is a vital school improvement process that lays the foundation for quality education.

It involves a comprehensive review of the school's mission, faculty qualifications, curriculum, and much more. This process occurs every six years, culminating in a visit from the WASC committee to evaluate the school's progress and future goals.

During this time, the visiting committee will meet directly with parents to hear their perspectives on how the school operates and learn about their experiences. Your involvement is crucial in shaping long-term plans and ensuring ongoing success!

Join us on February 2nd at 4:00 PM in the Rosemont High School library. Refreshments served.



STEPS Program

If you have a 504 or an IEP and are interested in job and career exploration, skills training, and paid work experience check out the Student Training and Employment Program in Sacramento (STEPS)

Click on the linked flyer, or visit: sacramentoworks.orglyouth/steps

Immigration Status Concerns

If you or your family have concerns, uncertainty, or questions about immigration and need support please visit the the Family Unity, Education, and Legal (FUEL) Network website below below. The resources provided are intended to inform and help families prepare for the possibility of deportation. Check out their website for more information.

There is also a Parent Information Exchange (PIE) Meeting on Monday, January 27th in the community rooms at Serna Center from 11:30 AM - 12:45 PM where guest speakers will discuss rights and resources related to immigration.

https://www.sacfuelnetwork.org

ASB Corner

Junior / Senior Ball

Attention all Juniors and Seniors! Junior/Senior Ball tickets are now on sale! You can purchase your tickets online through Five Star Students, or you can pay in cash at the student store. Tickets start out at \$70 or \$60 with an ASB card. Buy your tickets now at the cheapest price because the price will increase each month! Please make sure you fully understand the terms and conditions of the ticket purchase and that you understand the minimum requirements to attend. This information can be found on the school website under "Student Activities".

ASB Cards

Purchase your ASB Activities Card and get free admission to all home athletic events, a free t-shirt, a discount on the yearbook, discount on dances, discount on Homecoming and discount on Junior/Senior Ball. Get involved on campus and save money at the same time!

ASB Activities Cards can be purchased online using the 5 Star Students App or <u>5 Star Students Website</u>. Purchase your ASB Card now and receive two free shirts and free entrance to all home athletic events. Select the <u>link</u> for more information.

Spirit Wear

Check Out our new spirit wear. Order Here

Yearbook Sales

Making memories going to football games, dances, and rallies is always a good idea. Purchasing a yearbook to capture those memories is even a better idea. Check our school Instagram or Student Activities Webpage to purchase your yearbook.

ABC - Attendance, Behavior, and Climate

The ABC office would like to share the following:

Phones and Headphones

We see a lot of students doing their best and keeping the phones away. There are still quite a few with them out. Headphones are also included and the policy, but continue to frequently be seen. After the first violation of the school, they will be confiscated. After the second violation, they will require a parent to pick them up.

Parents, so many of you have been awesome and very supportive, which has made a huge difference. Some of you have been here a lot. We appreciate the help.

Class Dismissals

As a reminder, the bell dismisses students from class and passes are restricted the first 10 and last 10 minutes of class. Students out of class prior to the bell will be assigned detention. Tell that "sub" in that class about this (You know the class. The one that you can't remember which room it is in).

Support Band and Color Guard

Please help support the RHS Band and Color Guard by donating your gently used shoes . Look for the shoe donation drop off box inside the front office M-F 8 am-4 pm. For more information please see the flyer attached to the drop off box. Thank You for your support!

Spirit Wear

Check Out our new spirit wear. Order Here



1st period and tardies - UPDATE

Students arriving late to the main gate of campus, after the 8:29 warning music has started, will have to scan in at the front gate. For every 3 tardies, same day detentions will be assigned (except detentions assigned Friday will be served the beginning of the following week).

If you are arriving after 8:29 AM, you must enter through the front gate. At 9:00 AM students must check-in at the attendance office.

As a reminder, 1st period attendance counts toward athletic eligibility, event participation, and participation in the graduation ceremony.

ELAC - Participants STILL Needed

The Rosemont High School English Learner Advisory Council (ELAC) is seeking parent nominations. The English Learner Advisory Committee (ELAC) makes recommendations on programs for students with second language needs.

• Participation Form (English)

Консультативный совет изучающих английский язык в средней школе Rosemont (ELAC) ищет кандидатуры родителей. Консультативный комитет изучающих английский язык (ELAC) дает рекомендации по программам для студентов, которым необходим второй язык.

• Форма участия (Русский)

El Consejo Asesor de Estudiantes de Inglés (ELAC) de Rosemont High School está buscando nominaciones de padres. El Comité Asesor de Estudiantes de Inglés (ELAC) hace recomendaciones sobre programas para estudiantes con necesidades de un segundo idioma.

• Formulario de participación (Español)

د والدينو نوم ليکنې په (ELAC) د روزمونټ عالي ښوونځي انګليسي زده کونکي مشورتي شورا د هغو زده کونکو لپاره د پروګرامونو (ELAC) لټه کې دي. د انګليسي زده کونکي مشورتي کميټه هدف د انګليسي زده کونکو ELAC په اړه سپارښتنې کوي چې د دويمې ژبې اړتياوې لري. د والدينو ته فرصتونه چمتو کول دي

. خپلو ماشومانو ته د وړانديز شوي برنامو په اړه نور معلومات ترلاسـه کړئ -

. د زده کونکو، والدينو او ښوونکو د ښوونځي اړتياو ارزونه کې برخه واخلئ.

- د ښوونځي په ټولو فعاليتونو کې د انګليسي زده کونکو د بشپړ ګډون ملاتړ لپاره د خورا مؤثره لارو په اړه معلومات چمتو کړئ.

- په منظم ډول ښوونځي ته د حاضريدو ډاډ ترلاسـه کولو لپاره د خورا اغيزمنو لارو په اړه معلومات چمتو کړئ.

<mark>د انګلیسي زده کونکي مشورتي کمیټې د ګډون فورمه</mark> (پښتو) •

Email questions to katy-hensley@scusd.edu

Sports Page

Basketball

- Boys (Overall 9-10; League 4-3): Away this week. Lost at Argonaut. Came back home and won against Bradshaw Christian.
- Girls (Overall 10-11; League 3-4): At home last week. Lost to Argonaut, but beat El Camino at home in a thriller. Took care of Bradshaw Christian on the road Friday.

Soccer

- Boys (Overall 4-9-3; League 2-6-1): Lost at home against Galt and away at El Dorado.
- Girls (Overall 9-8-2; League 6-3): Lost away at Galt and came back home to beat El Dorado.

<u>Wrestling</u>

Stay tuned, Wolverines

Tickets

Sales will be online only for all games. Log on to **gofan.co** to purchase tickets.

Check out the Rosemont Athletics page here.

Campus Policy Refreshers

Meal Delivery

Parents can drop off food for students at the front desk. Students can pick up during lunch. Please do not encourage your student to leave class to pick up food.

We do not accept meal delivery services on campus (Door Dash. Uber Eats, Post Mate, etc.). You would be surprised at the number of strangers (and even their cars) that have made their way through campus. Delivered meals will be stored in Mr. Jones' office until the end of the school day. Sometimes he gets hungry.

Dress Code

There is a dress code. Especially with the warm weather, there have been a number of dress code violations. Please wear appropriate clothing. We do have some fun loaner clothes for those who violate. Frequent violations include:

- Clothing promoting drugs, alcohol, and pornography.
- Revealing clothing, including tube tops and visible underwear and bras, and not enough clothing.

Link to the Student Handbook is **here**. Please use reasonable judgement with apparel as you get on the path toward becoming career ready.

Parking

Student parking is designated in the East Parking Lot (by the large Auditorium). Students, please use that lot. The gate at that end closes 10 minutes after the bell. The South Lot (off Mayhew, behing the E Building) is designated for staff only. Please be aware.

Cell Phones

Reminder that cell phone and ear phones/buds are not allowed during the school day, including passing and lunch (or even when you go to the restroom).

Student who are feeling ill should let the teacher know. Students who are ill will be sent with a pass to the nurse station where parental contact will be made. We have a nurse and health aide who can assess and support. Students who use their phones to make self referrals are violating the phone policy and create an unnecessary backlog in the office. Trust the process.

If you need ways to support students during this time, check out this article: <u>How to</u> <u>Help Students Panicked by School Smartphone Bans</u>

Attendance

Reporting Absences

Parents/Guardians must clear absences within two weeks of the absence. Any uncleared absences will become truancies. To report an absence, please visit the **<u>attendance</u> <u>page</u>** on the Rosemont website.

Early Dismissals

Early dismissals will end 30 minutes prior to the end of the school day. If you need to pick up a student for an early dismissal please plan to pick them up prior to 3:00 pm on M, T, W, and F and prior ro 2:00 pm on Th.

First Period Tardies

PLEASE drop off students in time for them to arrive on time to 1st period. We are already seeing a number of students dropped off very close to the bell (at 8:23) or after the bell has rung. Those students are missing valuable instruction and creating a disruption for 1st period classes. If we can help in any way with this process, let us know!

Tutoring - ASSETs

Beginning this week, every school day the ASSETs program provides free tutoring and academic support from 3:30 PM to 6:00 PM in our library. Stop by and say "Sup?".

Cards, Cards, and Portraits

Student ID Cards

Students receive their school ID card on picture day. Students are required to carry their ID card at all times and can be asked to produce their card for identification to any school employee.

RT Cards

Students ride RT for free if they present their RT card. Freshmen and new students will receive their card at the front desk. If you have questions, please go to SacRT.com or call (916) 321-buss.

Senior Portraits

Seniors should book an appointment for their senior portrait now. To schedule, reschedule or cancel an appointment go to the senior portrait page for more information: **here**.

We will also provide information soon about an opportunity to take senior portraits on campus.

Phones - Off and away, all day.

Rosemont High School campus policy requires that cell phones and ear buds are off and away the entire school day. Away means in bags or backpacks and not in pockets or visible. Why? Well, our school community can provide a lot, A LOT, in the way of stories from personal experience: Distractions in the classroom, contributing to lack of engagement, cyber-bulling, rushes of students filming potential conflicts, coordinating illicit activities, etc. They have interfered with student safety and learning on our campus.

Electronic device policies are difficult to enforce without coordinated supports and large scale buy in. We are on board with this, we have heard from parents who are on board with this. We need your support. Our staff will be here to support during the transition and will be able to reach your student if you need. Our office number is 916-395-5130. Please limit calls to as needed, to ensure that we are available to meet your needs.

Students will have infractions documented in the Infinite Campus contact log. Beginning with the second infraction, student phones will be held to the end of the school day. Each infraction after, the phone will be returned to the parent/guardian upon meeting with an administrator.

Here are just some of the statistics out there:

- Students whose smartphones were physically removed during class had higher levels of course comprehension, lower levels of anxiety, and higher levels of mindfulness. (Link)
- 72% of high school teachers say cell phone use is a major problem. More that lack of interest in learning, more than getting up and walking around, and more than students being disrespectful (<u>Link</u>)
- Smartphone and social media use are linked to increases in mental distress, selfinjurious behavior and suicidality (greatest among girls), negative effect on selfview, increase in negative interactions and cyberbullying, normalizing self-harm, chronic sleep deprivation.



Contact info

If you have any questions or concerns, please don't hesitate to contact us. You can reach out via the following links:

- (916) 395-5130
- www.rosemont.scusd.edu