

Rosemont Football

2021

Things needed to be completed before participation:

- Must be enrolled at Rosemont HS for the 2021-2022 school year.
- Must have a uploaded sports physical(physicals are only good for 1 calendar year)
- Must complete Athleticclearance.com and be cleared by the Athletic Director.

Things you need for practice now and during the season:

- Work out clothes, cleats and athletic shoes
- Water (lots of it)
- 7 padded girdle(by 7/26)
- Mouth Piece (by 7/26)
- Good attitude and work ethic

Other things to know:

- Summer practices
 - 6/21- 7/1 Mon-Thurs 4pm-6pm
 - 7/5-7/22 Mon, Wed, Thurs 4pm-6pm
 - 7/26- 9/1 Mon-Fri, 4pm-6pm
 - 9/2- Start of school (practice will be after school)
- Summer practices are highly recommended
- Starting 7/26- end of season, Practices are manadory!
- Contact information:
 - Varsity Head Coach- Coach Wanlin
 - coachwanlin@yahoo.com
 - (916)7615629
 - JV Head Coach- Coach McKeown
 - (916)709-1774